

the walks

distance • time • difficulty

1. The forest around the Sagberg	16.1 km • 5 hours • 2
2. A sea view from the Hornslandet peninsula	9.2 km • 3.5 hours • 1+
3. Green city walk along the river	7.4 km • 2.5 hours • 1
4. Across the Kyrkstig to the 'primeval forest'	11.3 km • 3.5 hours • 1
5. Over moraines through the forest	14.0 km • 5 hours • 2
6. Over the hill along the Ljusnan	11.0 km • 4 hours • 2
7. A decorated farmhouse and a bird sanctuary	10.1 km • 3 hours • 1
8. The Bollebergets Nature Reserve	16.1 km • 5 hours • 2
9. Through Färnebofjärden National Park	9.1 km • 3 hours • 1+
10. The coastal path along the Gulf of Bothnia	11.3/17.9 km • 4/6 hours • 2/3
11. Primeval forest and marshland in the National Park	3/5.5/13.1 km • 1/2/4.5 hours • •
12. Far from the civilised world, in the great forest	7.5 km • 2.5 hours • 1+
13. Island walk in the Gulf of Bothnia	9.4 km • 3.5 hours • 1+
14. View from Digerberget	9.4 • 3.5 hours • 2
15. Between two lakes	14.0 km • 4.5 hours • 2
16. Ramble through the forest	18.4 km • 6.5 hours • 3
17. To the locks of the Hjälmare Canal	7.3 km • 2.5 hours • 1
18. The Malingsbo-Kloten Nature Reserve	13.9 km • 5 hours • 2+
19. Mountains, lakes and an old iron factory	16.1 km • 6 hours • 3
20. Along rural farmland roads	18.4 km • 5 hours • 3
21. Past rapids through 'Swedish rainforest'	3.7 km • 1.5 hours • 1
22. The dams and reservoirs at the silver mine	20.6 km • 6.5 hours • 3

