

the walks	distance	time	difficulty	page
1. From Ämän river to a summer farm	15.2 km	• 5.5 hrs	• 3	14
2. 'City walk' along Lake Siljan	7.8/9.8 km	• 2/2.5 hrs	• 1	18
3. To the top of the Storsnäll	12.0 km	• 5 hrs	• 2+	22
4. In the footsteps of Gustav Wasa	10.4 km	• 3.5 hrs	• 1+	26
5. Across the big Fjäll	14.4 km	• 5 hrs	• 2+	30
6. To and around the highest peaks	18.7 km	• 7 hrs	• 3+	34
7. The 'backyard' of Carl Larsson	9.4 km	• 2.5 hrs	• 1	38
8. Through farmland and over the hills	13.6 km	• 4 hrs	• 2	42
9. Boundless fjäll	9.6 km	• 3.5 hrs	• 2	48
10. Moraines, peat moor and a rapid	8.5 km	• 3 hrs	• 1	52
11. The old railway track and the river	11.3 km	• 3 hrs	• 1	56
12. Around the waterfall	6.4 km	• 3 hrs	• 2	60
13. Tour of the island	13.1 km	• 4 hrs	• 2	64
14. Through peat moors of Gyllbergens nat. reserve	12.5 km	• 4.5 hrs	• 3	68
15. The summer farm & nat. reserve Djurmo Klack	13.6 km	• 5 hrs	• 2+	72
16. Along Dalälven River	10.0 km	• 3 hrs	• 1	76
17. Through the deep valley of the Ljusterån	13.9 km	• 5 hrs	• 2	80
18. Walking through the forest of the iron region	11.3 km	• 3 hrs	• 1	86
19. The Malingsbo-Klotens Nature Reserve	11.2 km	• 3.5 hrs	• 2	90
20. En route to Trondheim	12.9 km	• 3.5 hrs	• 2	94
21. To Carl Larsson's house	12.3 km	• 3 hrs	• 1+	98

