

the walks

distance • time • difficulty

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| 1. Through the orchards to the waterfall | 11.2 km • 3 hours • 1 |
| 2. Over the hills and along the coast to the Kastello | 12.9 km • 3.5 hours • 2 |
| 3. The rural south | 13.8 km • 3.5 hours • 2 |
| 4. The inland near Paramithias Monastery | 7.2 km • 2 hours • 1 |
| 5. To Seven Springs Valley | 11.2 km • 3.5 hours • 2 |
| 6. To Asklipio and along the coast | 13.9 km • 4 hours • 2 |
| 7. Across Marmari Mountains | 9.0 km • 3 hours • 2 |
| 8. To the tomb of Kleoboulos | 5.6 km • 2 hours • 1 |
| 9. Over the hills to Cape Fourni | 13.5 km • 4 hours • 2 |
| 10. The ancient city and a fertile valley | 15.8 km • 4 hours • 2 |
| 11. To the Agios Nikolaos Fountoukli church | 15.4 km • 5 hours • 3 |
| 12. The forests around Moni Thari | 11.7 km • 3.5 hours • 2 |
| 13. Around Archangelos | 9.0 km • 3 hours • 1+ |
| 14. Along the coast to Kalathos | 11.2/15.7 km • 3.5/5 hours • 2/3 |
| 15. Through the Skoutouljaris gorge | 8.3 km • 2.5 hours • 2 |
| 16. Sunday walk across a quiet island | 7.4 km • 2.5 hours • 2 |
| 17. Mountain walk around Tsambika | 4.4 km • 2.5 hours • 2 |
| 18. Through the hills to Asklipio | 22.0 km • 6 hours • 3 |
| 19. Views from the Charakas Mountains | 8.4/15.8 km • 2.5/4.5 hours • 1/2 |
| 20. To the top of the Profitis Ilias (750 m) | 7.2 km • 3 hours • 2 |

Enlarged

